



# The cytoskeletal regulatory scaffold protein GIT2 modulates mesenchymal stem cell differentiation and osteoblastogenesis

Xiaojuan Wang<sup>a</sup>, Shaoxi Liao<sup>a</sup>, Erik R. Nelson<sup>b</sup>, Robert Schmalzigaug<sup>a</sup>, Robert F. Spurney<sup>a,\*</sup>, Farshid Guilak<sup>c</sup>, Richard T. Premont<sup>a</sup>, Diane Gesty-Palmer<sup>a</sup>

<sup>a</sup> Department of Medicine, Duke University Medical Center, Durham, NC 27710, USA

<sup>b</sup> Department of Pharmacology and Cancer Biology, Duke University Medical Center, Durham, NC 27710, USA

<sup>c</sup> Departments of Orthopedic Surgery and Biomedical Engineering, Duke University Medical Center, Durham, NC 27710, USA

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## ABSTRACT

G protein-coupled receptor kinase interacting protein 2 (GIT2) is a signaling scaffold protein involved in the regulation of cytoskeletal structure, membrane trafficking, and G protein-coupled receptor internalization. Since dynamic cytoskeletal reorganization plays key roles both in osteoblast differentiation and in the maintenance of osteoclast polarity during bone resorption, we hypothesized that skeletal physiology would be altered in GIT2<sup>−/−</sup> mice. We found that adult GIT2<sup>−/−</sup> mice have decreased bone mineral density and bone volume in both the trabecular and cortical compartments. This osteopenia was associated with decreased numbers of mature osteoblasts, diminished osteoblastic activity, and increased marrow adiposity, suggesting a defect in osteoblast maturation. *In vitro*, mesenchymal stem cells derived from GIT2<sup>−/−</sup> mice exhibited impaired differentiation into osteoblasts and increased adipocyte differentiation, consistent with a role for GIT2 in mesenchymal stem cell fate determination. Despite elevated osteoclast inducing cytokines and osteoclast numbers, GIT2<sup>−/−</sup> mice also exhibit impaired bone resorption, consistent with a further role for GIT2 in regulating osteoclast function. Collectively, these findings underscore the importance of the cytoskeleton in both osteoblast and osteoclast function and demonstrate that GIT2 plays essential roles in skeletal metabolism, affecting both bone formation and bone resorption *in vivo*.

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## 1. Introduction

GPCRs exert their effects on bone and calcium metabolism through complex molecular mechanisms involving diverse downstream signaling events and multiple signaling complexes. Many

GPCR-interacting proteins recruited during signal initiation and termination have been identified, including G proteins, arrestins and clathrin. Among the first of these proteins to be discovered were the GRKs, which are crucial for receptor phosphorylation and internalization. A search for proteins that interact with GRKs led to the identification of GITs [1].

GITs are signaling scaffold proteins comprising a family of ARF-GAPs. In cells, GITs exist in a oligomeric complexes with PIX/Cool proteins [2]. PIX/Cool proteins are GEFs for the cytoskeletal regulatory small GTPases, Rac1 and Cdc42. GIT/PIX complexes are known to function as scaffolds for a variety of signaling proteins, including GRKs, PAKs, FAK, the MEK1-ERK1/2 mitogen-activated proteins kinases, and phospholipase Cγ [3]. The 2 GIT family members, GIT1 and GIT2, are highly expressed in neurons, vascular smooth muscle, endothelial cells and bone. In addition to their roles as regulators of GPCR internalization and resensitization [1,4], *in vitro*, GIT proteins have been investigated for their participation in focal adhesion dynamics, cell migration [5,6], and as scaffolding proteins directing the spatial localization of signaling molecules such as MEK1 and ERK1/2 [7]. *In vivo*, GIT expression has been shown to regulate emotional function [8,9] vascular development [10] and

**Abbreviations:** GPCR, G protein-coupled receptor; GRK, GPCR kinase; GIT, GRK-interacting protein; ARF-GAPs, ADP-ribosylation factor GTPase-activating proteins; GEF, guanine nucleotide exchange factor; MSC, mesenchymal stem cell; qCT, quantitative micro-computed tomography; WT, wild type; GIT2<sup>−/−</sup>, mice lacking GIT2; DEXA, dual-energy X-ray absorptiometry; BV/TV, bone volume/total volume; DPD, deoxypyridinoline; LPL, lipoprotein lipase; aP2, adipocyte lipid binding protein 2; RUNX2, runt-related transcription factor 2; Col1a, collagen1a; PKL, paxillin-kinase-linker; FAK, focal adhesion kinase; BMD, bone mineral density; Tb, trabecular bone; SEM, standard error of the mean; qCT, quantitative micro-computed tomography; CSA, cross sectional area; Oc.S, osteoclast/bone surface; Ob.S, osteoblast/bone surface; Cool, cloned-out of library; PAK, p21-activated kinase; PIX, PAK-interactive exchange factor; ERK, extracellular-signal regulated kinase; MEK, mitogen activated ERK kinase; c-Src, cellular-Src; OB, osteoblast; OC, osteoclast; PKL/GIT2, paxillin-kinase-linker; OSX, osterix.

\* Corresponding author. Address: Department of Medicine, Duke University Medical Center, Box 103015, Durham, NC 27710, USA. Fax: +1 919 684 3011.

E-mail address: [robert.spurney@dm.duke.edu](mailto:robert.spurney@dm.duke.edu) (R.F. Spurney).

mitochondrial biogenesis [11]. Little, however, is known about the role of GIT proteins in bone physiology.

Bone density is the product of complex interactions between OBs, which form new bone, and OCs, which resorb bone. OB differentiation and function is highly dependent upon cell adhesion and cytoskeletal organization. Recent studies have shown that extracellular cues, derived from interactions with the extracellular matrix and transmitted via cytoskeletal tension, direct MSC differentiation to either OB or adipocyte lineages [12–16], suggesting that proteins involved in regulating actin cytoskeletal dynamics, like GITs, may play a key role in the fate determination of MSCs. The contribution, however, of GIT proteins to OB lineage commitment has not been established.

GIT2 has been implicated in OC function. The nonreceptor tyrosine kinase c-Src is a known regulator of OC function, and *Src*<sup>-/-</sup> OCs exhibit impaired actin cytoskeletal organization, leading to diminished OC function and osteopetrosis. In a recent study to identify critical c-Src substrates in OCs, it was shown that Src-dependent phosphorylation and localization of GIT2 to OC sealing zones is essential for maintaining sealing zones and OC polarity for bone resorption *in vitro* [17]. There is also reported increased bone mass in *GIT1*<sup>-/-</sup> mice due to an OC defect [18].

As modulators of GPCR signaling, cytoskeletal rearrangement and cell adhesion, we hypothesized that GIT proteins are required for skeletal development and bone remodeling. To determine the contribution of the GIT family member GIT2 to bone metabolism *in vivo*, we evaluated *GIT2*<sup>-/-</sup> mice for alterations in bone formation and bone resorption. We found that the absence of GIT2 significantly decreases trabecular and cortical bone mass. Investigation of OC function confirmed impaired bone resorption, despite a marked increase in OC bone surface in *GIT2*<sup>-/-</sup> mice. The observed osteopenia in the setting of decreased bone resorption is explained by attenuated differentiation of MSC to OBs and increased adipogenesis. Together these findings highlight the complex skeletal effects of GIT2 expression, which are critical to the proliferation, differentiation and function of both OBs and OCs.

## 2. Materials and methods

### 2.1. Generation of *GIT2* KO mice

The derivation of the C57B6/129 *GIT2*<sup>-/-</sup> mice was previously described [19]. All animals were treated in accordance with NIH guidelines for the care and use of animals under a protocol approved by the Duke University Institutional Animal Care and Use Committee.

### 2.2. Bone densitometry and quantitative computed tomography

BMD and qCT were performed as previously described [20].

### 2.3. Histology and histomorphometry

Quantitative histomorphometric analysis of vertebral spine trabecular bone was performed using techniques described previously [20] and data are expressed in units recommended by the American Society of Bone and Mineral Research [21].

### 2.4. Serum biochemistry and bone turnover markers

Serum osteocalcin, plasma PTH, urine DPD excretion and urine creatinine concentrations were measured as previously described [20]. Urine and Serum calcium measurements were determined using the Total Calcium LiquiColor colorimetric assay (Stanbio Laboratory; Boerne, Texas) following the manufacturer's protocol.

### 2.5. Total DNA content

To control for potential viability differences between cells of different genotypes, total DNA concentration was determined. After 24 days of culture, media was aspirated and cells lysed by freeze–thaw in deionized water. DNA was stained with Hoechst 33258 and quantified (360 nm excitation/460 nm emission).

### 2.6. Statistics

All values are expressed as means ± SEM. For comparisons between two groups, statistical significance was assessed using a two-tailed unpaired *t*-test. Additional methods are described in the [Supplementary section](#).

## 3. Results

### 3.1. Decreased bone mineral density in *GIT2*<sup>-/-</sup> mice

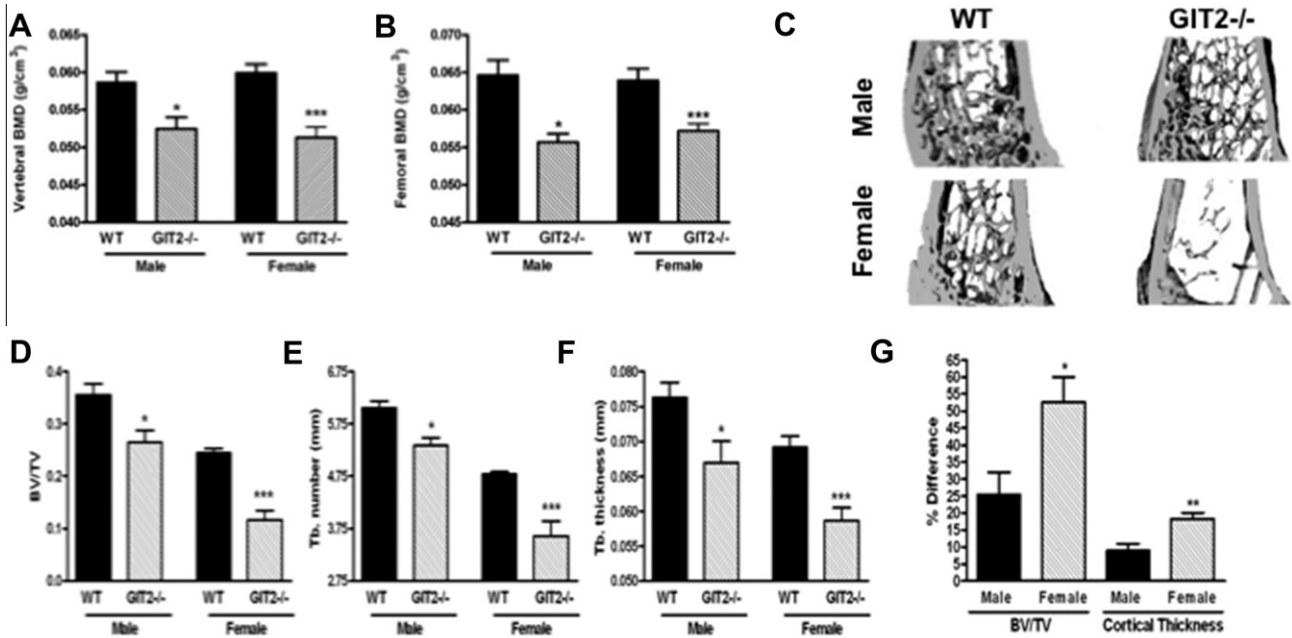
Adult *GIT2*<sup>-/-</sup> mice are fertile and show no gross phenotypic abnormalities, skeletal deformities or defects when compared to WT mice. To examine the contributions of GIT2 expression on bone metabolism, BMD measurements were obtained by DEXA on 15-week old male and female mice ([Fig. 1A and B](#)). Both male and female *GIT2*<sup>-/-</sup> mice had significantly decreased vertebral spine and femoral shaft BMD compared to their WT counterparts.

### 3.2. *GIT2*<sup>-/-</sup> mice have decreased trabecular and cortical bone morphometry

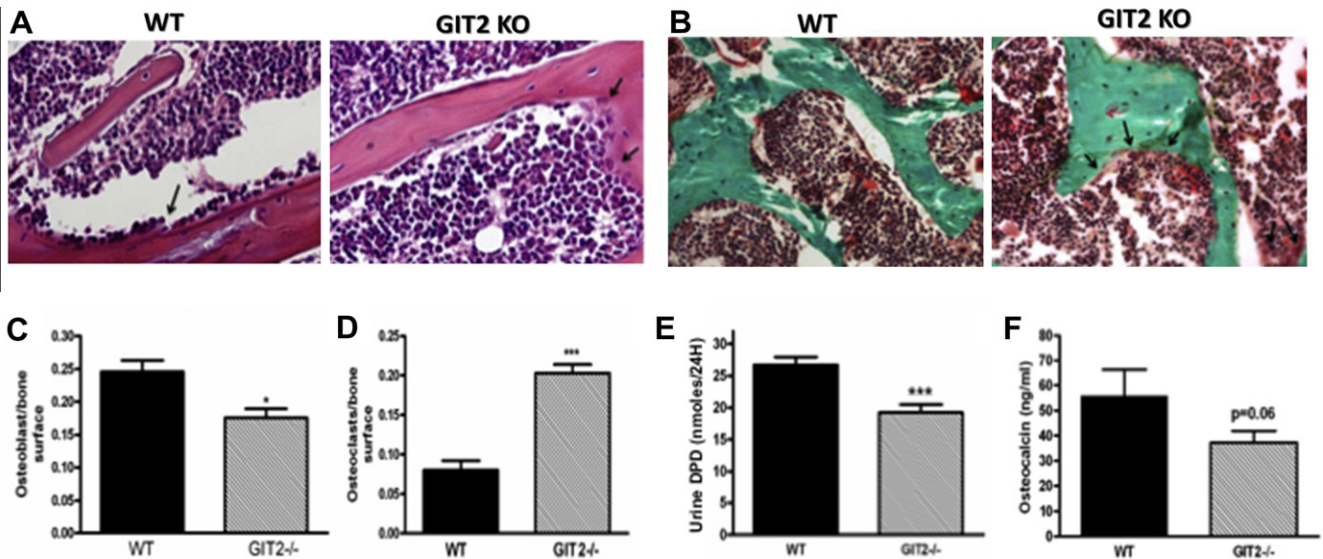
To determine the effects of GIT2 expression on trabecular bone morphometry, qCT measurements of the distal femur were acquired from 15-week old male and female WT and *GIT2*<sup>-/-</sup> mice ([Fig. 1C–F](#)). *GIT2*<sup>-/-</sup> mice had a significantly decreased BV/TV, decreased trabecular number, and decreased trabecular thickness compared to WT mice ([Fig. 2A–C](#)). Cortical bone indices were examined by qCT of the mid-femoral shaft ([Supplementary Fig. 1A and B](#)). Both male and female *GIT2*<sup>-/-</sup> mice had significantly decreased cortical bone thickness and cortical bone area compared to WT mice. This loss of cortical bone mass caused a significant decrease in both periosteal circumference and CSA in the female *GIT2*<sup>-/-</sup> mice as well as significant increases in endosteal circumference and medullary area in the *GIT2*<sup>-/-</sup> male mice compared to WT ([Supplementary Fig. 1C–F](#)). As shown in [Fig. 1G](#), the decrease in bone mass was more pronounced in the female *GIT2*<sup>-/-</sup> mice compared to the male *GIT2*<sup>-/-</sup> mice.

### 3.3. Effect *GIT2* expression on OB number, OC number and bone remodeling

Histomorphometric analysis revealed a significant increase in Oc.S and a significant decrease in Ob.S in the *GIT2*<sup>-/-</sup> mice compared to WT mice ([Fig. 2A–D](#)). As shown in [Fig. 2E and F](#), these histomorphometric findings were associated with a decrease in serum and urine biomarkers of bone formation and bone resorption including: 1. Urine DPD, a marker of bone resorption, and 2. Serum osteocalcin levels, a marker of anabolic bone formation. Consistent with decreased osteoblastic activity, gene expression of osteocalcin in calvarial bone of neonatal mice was significantly decreased in the *GIT2*<sup>-/-</sup> mice compared to WT mice ([Supplementary Fig. 2A](#)). Moreover, there was a significant increase in calvarial mRNA expression of the protein modulators of OC differentiation and proliferation, RANKL and OPG ([Supplementary Fig. 2B and C](#)), suggesting a compensatory response to decreased osteoblastic activity. Consistent with decreased bone resorption, urine calcium excre-



**Fig. 1.** GIT2<sup>-/-</sup> mice have decreased bone mass in trabecular and cortical compartments. (A and B) lumbar spine and femoral BMD of 15 week old male and female WT and GIT2<sup>-/-</sup> mice were determined by DEXA. (C) Representative qCT images of distal femur isolated from 15 week old male and female WT and GIT2<sup>-/-</sup> mice. (D, E and F) qCT of distal femur was used to determine the effects on trabecular bone (Tb.) volume fraction (BV/TV), Tb. number, and Tb. thickness. (G). Compares the % difference in trabecular BV/TV and cortical thickness from male and female cohorts of WT and GIT2<sup>-/-</sup> mice. Data represent the mean ± SEM of measurements taken from at least seven mice. (\*\*\**P* < 0.001; \*\**P* < 0.01; \**P* < 0.05 compared with WT).



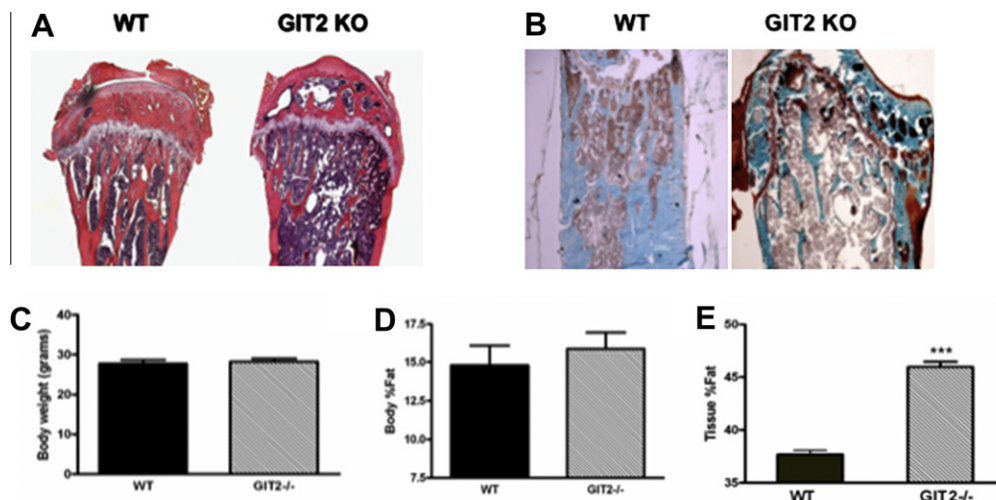
**Fig. 2.** GIT2<sup>-/-</sup> mice have decreased OB number, increased OC number and abnormalities in bone remodeling. (A) Representative decalcified H and E stained sections of proximal tibia (40× magnification; arrows (→) designating multinucleated osteoclasts) and (B) non-decalcified trichrome stained sections of vertebral spine (20× magnification; arrows (→) designating multinucleated osteoclasts) isolated from WT and GIT2<sup>-/-</sup> mice. Quantitative histomorphometric analysis was used to determine (C) OB surface and OC surface (D). Markers of bone formation and resorption: (E) 24-h urine DPD, and (F) serum osteocalcin. Data represent the mean ± SEM of measurements taken from at least 7 male mice. (\*\*\**P* < 0.001; \**P* < 0.05 compared with WT).

tion was significantly decreased in GIT2<sup>-/-</sup> mice (Supplementary Fig. 2D). Serum calcium and PTH levels were similar in WT and GIT2<sup>-/-</sup> mice (Supplementary Fig. 2E and F).

#### 3.4. OB differentiation from MSC precursors is attenuated in the absence of GIT2

Histologic examination of proximal tibias revealed a significant increase in marrow fat (Fig. 3A and B) in the GIT2<sup>-/-</sup> bone com-

pared to WT. There was no significant difference in body weight or the percentage of whole body fat between the GIT2<sup>-/-</sup> mice and WT mice (Fig. 3C and D). However, quantitation of fat in vertebrae isolated from GIT2<sup>-/-</sup> and WT mice by DEXA revealed significant increase in the fat percentage in the GIT2<sup>-/-</sup> compared to WT mice (Fig. 3E). Examination of adipogenic gene expression in calvarial bone showed a significant increase in the marker of adipocyte differentiation LPL as well as a gene product of mature adipocytes aP2 in GIT2<sup>-/-</sup> mice compared to WT mice (Supplemen-



**Fig. 3.** GIT2<sup>-/-</sup> mice have increased marrow fat. Representative (A) decalcified H and E stained sections of proximal tibia and (B) non-decalcified trichrome stained sections of distal femur isolated from adult male WT and GIT2<sup>-/-</sup> mice. Comparison of (C) body weight, (D) percentage of whole body fat (body %fat), and (E) percentage of bone tissue fat (tissue %fat) between male WT and GIT2<sup>-/-</sup>. Data represent the mean  $\pm$  SEM from at least seven mice. (\*\*\* $P$  < 0.001 compared with WT).

tary Fig. 3A and B). In contrast, expression of PPAR $\gamma$ 2 was unaffected by GIT2 expression (Supplementary Fig. 3C).

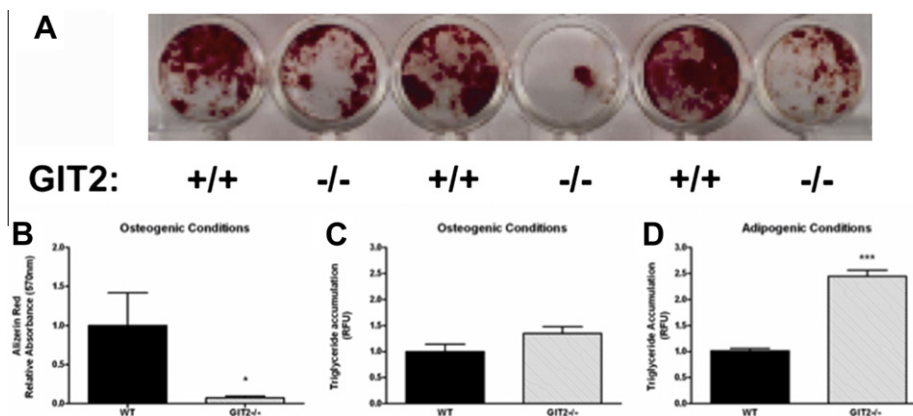
We next investigated the capacity of GIT2<sup>-/-</sup> bone marrow MSCs to differentiate into OBs or adipocytes *ex vivo*. MSCs were exposed to either OB differentiating media or adipocyte differentiating media and then stained with either alizarin red to assess OB mineralization or Oil Red O to assess adipogenesis. As shown in Fig. 4A and B, *in vitro* OB differentiation is dramatically attenuated in MSCs derived from GIT2<sup>-/-</sup> mice compared to WT mice when cultured in OB differentiating media. There was no difference in adipocyte differentiation between WT and GIT2<sup>-/-</sup> MSCs grown in OB differentiating media (Fig. 4C). In contrast, MSCs isolated from GIT2<sup>-/-</sup> mice exhibited significantly increased adipogenesis compared to WT mice when cultured in adipocyte differentiating media (Fig. 4D). Consistent with a defect in osteoblastogenesis, gene expression of key transcriptional regulators of early OB differentiation (RUNX2 and Osterix) were significantly decreased in neonatal calvaria in GIT1<sup>-/-</sup> mice compared to WT mice (Supplementary Fig. 4A and B). Moreover, markers of OB development and function including Col1a and alkaline phosphatase

(Supplementary Fig. 4A–D) were both significantly decreased in GIT2<sup>-/-</sup> mice compared to WT mice.

#### 4. Discussion

The results in this study provide evidence of a role for GIT2 in the modulation of both bone formation and resorption *in vivo*. The absence of GIT2 favors MSC differentiation into the adipocyte lineage at the expense of OB development, leading to reduced number and function of mature OBs and increased marrow adiposity. At the same time, OC function is impaired, reflected in decreased levels of bone turnover markers despite an increase in OC number. Despite impaired OC function, the net effect is osteopenia in both cortical and trabecular bone. The mechanistic basis for the OB and OC phenotype likely involves the role of GIT2 in the regulation of cytoskeletal dynamics.

GIT2 is an ARF-GAP scaffold protein known to regulate GPCR internalization and resensitization [1,4]. The involvement GPCRs, such as the PTH receptor, calcium sensing receptor, and prostaglandin receptors to bone and calcium metabolism is well recog-



**Fig. 4.** OB differentiation of MSCs is attenuated in GIT2<sup>-/-</sup> mice. (A) Representative alizarin red stained MSCs cultured in OB differentiating media for 28 days. (B) MSCs cultured in OB differentiating media were assayed for OB differentiation by alizarin red staining. (C) MSCs cultured in OB differentiating media were assayed for adipocyte differentiation by measuring relative triglyceride content. (D) MSCs cultured in adipocyte differentiating media were assayed for adipocyte differentiation by measuring relative triglyceride content. Data represent the mean  $\pm$  SEM from at least five mice. (\*\*\* $P$  < 0.001; \* $P$  < 0.05 compared with WT).

nized [22–24]. Modulators of GPCR internalization and desensitization such as  $\beta$ -arrestin2 have been shown to be critical to PTH receptor stimulated bone formation and bone resorption [20,25,26]. The involvement of GIT2 in  $\beta$ -arrestin mediated internalization and role of desensitization suggests a potential role for GIT2 in modulating bone metabolism. Despite gross similarities between  $\beta$ -arrestin2<sup>-/-</sup> [20] and GIT2<sup>-/-</sup> mice, such as significantly increased OC number compared to WT counterparts, the direct involvement of GIT2 in GPCR-stimulated effects on bone metabolism remains to be investigated.

In addition to regulating GPCR internalization and resensitization, GIT proteins have been extensively investigated for their participation in focal adhesion dynamics, cytoskeletal organization, and cell migration [5,6], processes now recognized as critical regulators of OB differentiation (10–12). Through the formation of GIT/PIX complexes, GIT proteins form a regulatory scaffold that controls both the activity and subcellular localization of the cytoskeletal regulatory small GTPases, Rac1 and Cdc42 [2,3]. We find that GIT2<sup>-/-</sup> mice have significantly decreased trabecular and cortical bone mass, suggesting a dominant bone formation defect. GIT2<sup>-/-</sup> mice have a significant decrease in OB number, which may be explained by decreased osteoblastogenesis. MSCs are multipotent cells isolated from bone marrow that possess the ability to differentiate into OBs, chondrocytes, or adipocytes [27,28]. A combination of physical, chemical, and biological cues present in the stem cell microenvironment have been implicated as directors of stem cell differentiation *in vivo* [29–31]. Our results demonstrate *in vitro*, that GIT2<sup>-/-</sup> MSC differentiation to OBs is significantly impaired, and *in vivo* GIT2<sup>-/-</sup> mice have a markedly decreased expression of key regulators of OB differentiation such as RUNX2 and OSX. Impaired OB differentiation may also explain the significant increase in RANKL and OPG expression, factors produced by immature OBs and stromal cells that control OC recruitment and differentiation [32,33]. Taken together, these results support the conclusion that GIT2 is essential to promote osteogenesis.

These findings are also consistent with recent studies showing that physical forces influenced by cytoskeletal organization directing cell shape and size are critical in determining the fate of adult stem cells [12–14,34–37]. For example, cell shape can regulate MSC commitment to an adipogenic or osteoblastic phenotype through actin-myosin-generated tension via RhoA signaling [14]. While the role of GIT2 in this process has not been studied directly, cellular tension required for motility and spreading is dependent on GIT2 via tyrosine phosphorylation of PKL/GIT2 via Src and FAK kinases [38,39]. In MSCs, the actin cytoskeleton appears to play a critical role in the transduction of mechanical signals into intracellular biochemical responses that control differentiation [40]. While the direct role of GIT2 in mechanotransduction remains to be determined, our current findings, taken together with previous studies showing that cytoskeletal tension or exogenous strain favor osteogenesis over adipogenesis, further support the notion that alterations in proteins that regulate cytoskeletal dynamics, such as GITs, may influence MSC fate.

It has long been known that c-Src<sup>-/-</sup> mice develop osteopetrosis [41]. Although OC development is normal, c-Src OCs are functionally impaired due to defective ruffled border formation. Recent *in vitro* work has demonstrated that Src-dependent localization of GIT2 is essential for maintaining sealing zones and OC polarity [17]. Consistent with these findings, *in vivo* we show that GIT2<sup>-/-</sup> mice have decreased bone resorption compared to WT animals. However the GIT2<sup>-/-</sup> mice demonstrate numerous compensatory mechanisms to maintain bone integrity and calcium homeostasis. This is illustrated by the marked increase in OC surface, and decrease in urinary calcium excretion, factors which likely compensate in part for impaired OC function and help maintain normocalcemia.

In summary, we found that GIT2 regulates bone remodeling by inhibiting both osteoblastogenesis and bone resorption which, in turn, causes a decrease in bone mass. This skeletal phenotype is associated with an increase in bone marrow adipose tissue as well as a pattern of MSC differentiation favoring an adipocytic, rather than an osteoblastic, lineage. These data suggest that GIT2 plays an essential role in regulating bone remodeling, promoting differentiation of MSCs into osteoblasts and maintenance of normal bone mass.

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## Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at <http://dx.doi.org/10.1016/j.bbrc.2012.07.111>.

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